

FIRST HOLY COMMUNION PREPARATION COURSE 2025/26

Date	Time	Session
20 Sep 2025	10am	Parents & Children Adoration of the Blessed Sacrament & Confessions. Introductory Session
27 Sep 2025	10am	1. In the Name of the Father
11 Oct 2025	10am	2. Lord have mercy
08 Nov 2025	10am	3. Celebrating our rescue
22 Nov 2025	10am	4. God helps me to get it right
29 Nov 2025	10am	Service of Reconciliation
06 Dec 2025	10am	5. Glory to God in the highest
14 Dec 2025	9am	<i>Children and parents lead the Holy Mass and Bring and Share after the Mass</i>
10 Jan 2026	10am	6. The Word of the Lord
24 Jan 2026	10am	7. Bread to offer / Fruit of the vine
14 Feb 2026	10am	8. Do this in memory of Me
07 Mar 2026	10am	9. Body of Christ
14 Mar 2026	10am	Parents & Children – Adoration of the Blessed Sacrament and Confessions
19 Aril 2026	9am	<i>Children and parents lead the Holy Mass and Bring and Share after the Mass</i>
25 Apr 2026	10am	Rehearsals for First Communion Masses
02 May 2026	11am	First Holy Communion Masses
TBA	11am	First Holy Communion Masses
9 May 2026	10am	10. To love and to serve [Final Session]
28 June 2026	9am	<i>Children and parents lead the Holy Mass and Bring and Share after the Mass</i>

MESSAGE FROM THE PARISH PRIEST

[Please keep this page with you]

Dear Parent

I am delighted that you are now presenting your child for Reconciliation and First Holy Communion. This is a major part in the life of a Catholic and is part of the promise you made when you brought your child for Baptism.

Though no one can replace your role in preparing your child for this special moment, you are not alone in this task. The parish and school will always be ready to offer help and support.

The catechists will teach your child about Jesus, the Church, the Sacraments and especially about Reconciliation and Holy Communion. Our Holy Cross parish will prepare the celebration of the Sacrament of Reconciliation and the First Holy Communion celebration, and parishioners will provide you and your family, along with other families, opportunities to participate in its life and to get to know your fellow parishioners better. Please play your part in taking an active interest in what our parish is offering.

*You will know that your child is ready to celebrate the **Sacrament of Reconciliation** when in their own way they:*

- know that God loves them and is always ready to forgive no matter what;*
- know and understand what is meant by sin;*
- are able to reflect on their own behaviour;*
- they want to express sorrow and to make amends;*
- and appreciate the place and importance of Reconciliation.*

*You will know that your child is ready to make their **First Communion** when in their own way they:*

- know about Jesus, they pray to him and want to receive Communion with him and his Church;*
- show reverence and respect;*
- know the difference between Holy Communion and ordinary food;*
- be attentive and aware of what is happening during Mass;*
- have some sense of belonging to the parish family.*

Please be assured of my support and prayers.

FR ANTONY [Holy Cross, Catford]