

## Visits to the Sick

We understand the importance of providing comfort and support to those who are unwell. In line with Catholic teachings, our ministry to the sick includes the sacraments and prayers that bring spiritual solace and strength.

To ensure we can accommodate your visit requests efficiently, please contact us in advance. You can reach us by:

- **Email:** [catford@rcaos.org.uk](mailto:catford@rcaos.org.uk)
- **Phone:** 01086983672

### **Catholic Teachings and Practices for the Sick:**

1. **Anointing of the Sick:** This sacrament involves a priest anointing the sick person with blessed oil, offering prayers for their healing and peace. It provides grace to endure suffering and can be administered multiple times.
2. **Sacrament of Penance (Confession):** This allows the sick to confess their sins and receive forgiveness, bringing spiritual relief and reconciliation with God.
3. **Viaticum (Holy Communion):** Administered to those nearing the end of life, this sacrament provides spiritual nourishment and strength for the journey to eternal life<sup>2</sup>.
4. **Prayers and Support:** Family members and clergy often visit and pray with the sick, offering emotional and spiritual support throughout their illness.

Our team is dedicated to arranging visits that bring solace and care to the sick. We appreciate your cooperation and understanding in helping us coordinate these visits effectively.